



Saskatchewan
Prairie Conservation
Action Plan

Native Prairie Speaker Series Webinar

Regenerative Ag: Creating a Sustainable Life



Wednesday April 30th, 2025 at 12:00pm

Speaker: Laura Hilderman, Guardian with Metis Nation Saskatchewan

Register Free: <https://shorturl.at/R8fkT>

This presentation is FREE! Tune in from anywhere! Everyone welcome!
More Information: SK PCAP at 306.352.0472 or pcap@sasktel.net

Gold Sponsors:



Silver Sponsors:





Saskatchewan
Prairie Conservation
Action Plan

Native Prairie Speaker Series Webinar

Speaker: Laura Hilderman, Guardian with Metis Nation Saskatchewan

About this Webinar:

This webinar will talk about:

- Metis Guardians Program
- Entering Ag as an “outsider”
- Discovering Regenerative agriculture
- Their ranch’s long-term goals –Reducing workload on the farm, increasing profitability

Laura will be discussing regenerative agriculture practices and how it can help to rebuild grassland and helps sequester carbon. Their farm practices aim to mimic the natural grazing practices of the bison for millenia on the grasslands ,which help to make them one of the most fertile areas on the planet with the capability of storing huge amounts of carbon.

About the Speaker:

Laura and her husband Spencer own and operate a regenerative Livestock Ranch, north of Regina. They have two small children, ages 3 and 5 months. Laura joined the Metis guardians program to try and participate more in Metis culture and hopefully use some of the knowledge gained in farming to promote environmental stewardship. They are in their fifth year of operation. They aim to both raise happy, healthy animals to provide nutrients rich food to their community and they employ regenerative practices that help build soil and re-establish native plants and prairie grasses on their pastures.

PCAP’s Native Prairie Speaker Series is a monthly webinar about prairie conservation or species at risk.

Hosted by: Caitlin Mroz-Sailer, Stewardship Coordinator, Saskatchewan Prairie Conservation Action Plan

We respectfully acknowledge that we are on the traditional territories of many Indigenous Nations and communities, past and present. For a millennia, they have worked to protect these landscapes and the life these areas sustain. I would like to thank these original caretakers, and acknowledge the ongoing work and presence of Indigenous Peoples in Canada today.